



August 2026

Solon Retirement Village Lunch Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 Turkey Pot Roast Roasted Potatoes Roasted Carrots/Onions Dinner Roll/Marg Pie ALT Liver & Onions Mashed Potatoes/Gravy Seasonal Vegetable	31 Garlic Parmesan Chicken Pasta w/ Marinera Sauce Tossed Salad/Dressing Garlic Toast Fresh Fruit ALT Beef Minute Steak Garlic Mashed Potatoes			<i>Choice of Beverages including: -Coffee, Tea, Milk, Fruit Juice -Bread and Butter -Menu Alternatives Always Available</i> <i>For more available options, please ask to see our Ala Carte menu! Enjoy!</i>		1 Ranch Chicken Baked Yam Seasonal Vegetable Bread/Marg Strawberry Angel Cake ALT Italian Beef on Bun Tater Tots
2 Open Meatloaf Sandwich Mashed Potatoes Country Trio Vegetables Pie ALT BBQ Ribs Baked Sweet Potato	3 Nacho Chicken Shredded Lettuce/Tomatoes Refried Beans Corn Frosted Marble Cake ALT Apple Cider Pork Chop Au Gratin Potatoes	4 Beef Cube Pepper Steak Mashed Potatoes Carrots Fresh Fruit ALT Baked Ham Macaroni & Cheese	5 Pork Chop Supreme Baked Potato Baked Beans Homestyle Peach Cobbler ALT Italian Pasta Bake Green Beans	6 Fried Chicken Sweet Potato Puff Casserole Cascade Blend Vegetables Bread Basket Tapioca Strawberry Dessert ALT Beef & Noodles Tomato Slices	7 Shrimp Scampi Parmesan Orzo Pasta Lemon Broccoli Breadstick Fresh Fruit ALT BLT Sandwich Devilled Egg Salad	8 Roast Turkey Cornbread Stuffing Carrots Bread Basket Cherry Gelatin Dessert ALT Beef Fajita Salad
9 Roast Beef Mashed Potatoes Beef Gravy Loaded Cauliflower Casserole Dinner Roll Pie ALT Grilled Chicken Breast Asparagus	10 Baked Caesar Chicken Buttered Noodles Carrots Bread Basket Chocolate PB Cake Roll ALT Pork Tenderloin on Bun Tater Tots	11 Lemon Garlic Pork Loin Pasta Alfredo Broccoli Garlic Toast Blueberry Dessert ALT Breaded Fish Fillet Fried Potatoes	12 Salisbury Steak Parslied Potatoes Orange Glazed Carrots Bread Basket Classic Strawberry Shortcake ALT Root Beer BBQ Pork on Bun Scalloped Corn	13 Chicken Fajita Mexican Rice Seasonal Fresh Fruit Sherbet ALT Shepard's Pie Green Beans	14 Catch of the Day Baked Potato Marg & Sour Cream Seasonal Vegetable Bread Basket Banana Split Dessert ALT Hamburger Steak w/ Gravy Mashed Potatoes	15 Country Fried Steak Mashed Potatoes Cream Gravy Corn Bread Basket Chef's Choice Dessert ALT Cook's Choice
16 Stuffed Chicken Breast Creamy Potato Gratin Cascade Vegetables Dinner Roll/Marg Pie ALT Swiss Steak w/ Tomatoes Buttered Rice	17 Baked Spaghetti Pie Zucchini Parmesan Garlic Toast Seasonal Fresh Fruit ALT Breaded Fish Fillet Cheesy Mashed Potatoes	18 Glazed Pork Loin Baked Yam Cauliflower w/ Cheese Bread Basket Twisted Strawberry Shortcake ALT Goulash Asparagus	19 Roast Beef Mashed Potatoes Beef Gravy Roasted Carrots Bread Basket Cherry Pie ALT Baked Chicken	20 Baked Swiss Chicken Garden Wild Rice Country Trio Vegetables Ambrosia Cake ALT Hamburger Steak w/ Gravy Mashed Potatoes	21 Honey Butter Biscuit Pollack Macaroni & Cheese Broccoli Bread Basket Fresh Fruit ALT Baked Ham Parslied Potatoes	22 California Hamburger on Bun Potato Salad Baked Beans Ice Cream Sundae ALT Cottage Cheese Fruit Plate Crackers
23 Sweet & Smokey Ribs Corn Casserole Coleslaw Dinner Roll Pie ALT Chicken Stir Fry w/ Vegetables Rice	24 Country Fried Steak Mashed Potatoes Cream Gravy Honey Buttered Carrots Bread Basket Fresh Fruit ALT Baked Chicken	25 Summer Citrus Chicken Seasoned Orzo Mandarin Spinach Salad Lemon Lime Cake ALT Pepper Steak Mashed Potatoes	26 Baked Reuben Casserole Green Beans Blueberry Crisp ALT Smothered Pork Chop Baked Potato/Marg	27 Meatloaf Potato Casserole Seasonal Vegetable Bread Basket Cheesecake w/ Strawberry Sauce ALT Chicken Tenders Macaroni & Cheese	28 Lasagna Roll Up Sliced Beets Garlic Toast Brownie ALT Beef Tips & Gravy Mashed Potatoes	29 Pork Schnitzel Parslied Potatoes Dilled Zucchini Strudel Stick ALT Cheeseburger on a Bun Macaroni Salad