



# November 2022

## Solon Retirement Village Lunch Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Choice of Beverages including: -Coffee, Tea, Milk, Fruit Juice -Bread and Butter -Menu Alternatives Always Available</i></p> <p><i>For more available options, please ask to see our Ala Carte menu!</i></p>		<p>1</p> <p>Chicken Lasagna Italian Vegetables Garlic Toast Banana Bread Cake ALT Swiss Steak w/ Tomatoes Baked Potato</p>	<p>2</p> <p>Smoked Sausage Spatzel &amp; Cabbage Marinated Cucumbers Rye Bread Caramel Apple Crisp ALT Meatloaf Mashed Potatoes</p>	<p>3</p> <p>Chicken Picatta Garden Wild Rice Parslied Carrots Cheesecake w/ Cherries ALT  Pork Chop Baked Yam</p>	<p>4</p> <p>Salmon Patty Cream Peas &amp; Potatoes Bread Basket PB&amp;J Brownie ALT Cheeseburger Tator Tots</p>	<p>6</p> <p>Philly Cheesesteak Bake Corn Bread Basket Raspberry Sherbet Dessert ALT Creamed Turkey Biscuit</p>
<p>6</p> <p>Stuffing Topped Chicken Honey Roasted Squash Green Beans Dinner Roll Pie  ALT Glazed Ham Mashed Potatoes w/ gravy</p>	<p>7</p> <p>Cheesy Meatloaf Baked Potato Cascade Blend Bread Basket Ice Cream w/ Wafers  ALT Breaded Fish Fillet Mac and Cheese</p>	<p>8</p> <p>Brunswick Stew Biscuit Creamy Coleslaw Pineapple Bread Pudding  ALT Meatball Sub Sandwich Potato Wedges</p>	<p>9</p> <p>Apple Spice Brat on a bun Sweet Potato Puffs Breaded Cauliflower w/ Cheese Sauce Cranberry Dessert  ALT Spaghetti w/ Meat Sauce Vegetable Blend</p>	<p>10</p> <p>Roast Beef Mashed Potato w/ gravy Ginger Carrots Bread Basket Banana Split Fluff  ALT BBQ Chicken Baked Beans</p>	<p>11</p> <p>Sweet and Sour Shrimp Fried Rice Broccoli Pumpkin Earthquake  ALT Smoked Sausage Fried Potatoes</p>	<p>12</p> <p>Swiss Steak w/ Tomatoes Scalloped Potatoes Mixed Vegetable Bread Basket Cake Roll ALT Grilled Turkey &amp; Swiss Sandwich Pasta Salad</p>
<p>13</p> <p>Honey Bourbon Ham Baked Yam Cauliflower Casserole Dinner Roll Cherry Pie  ALT Country Fried Steak Mashed Potatoes w/ gravy</p>	<p>14</p> <p>Fried Chicken Mashed Potatoes Country Style Green Beans Caramel Apple Cheesecake Bar  ALT Stroganoff Casserole Vegetable Blend</p>	<p>15</p> <p>Brisket Salad w BBQ Ranch Dressing Cornbread Biscuit Cinnamon Rice &amp; Raisins  ALT Creamed Turkey Biscuit</p>	<p>16</p> <p>Apple Butter Pork Chops Stuffing Roasted Squash with Craisins Snickerdoodle Krispy Bar  ALT Meatloaf Baked Potato</p>	<p>17</p> <p>Baked Reuben Casserole Corn Frosted Peach Cake  ALT Baked Chicken Garden Wild Rice</p>	<p>18</p> <p>Breaded Fish Fillet Macaroni &amp; Cheese Creamy Coleslaw Bread Basket Cran Raspberry Crisp  ALT Beef Steak Mashed Potatoes</p>	<p>19</p> <p>Sour Cream Parmesan Chicken Baked Potato Carrots Bread Basket Mini Swirl Cone ALT Chef Salad Dinner Roll</p>
<p>20</p> <p>Roast Beef Mashed Potatoes Cascade Vegetables Dinner Roll Pie  ALT Liver &amp; Onions Green Beans</p>	<p>21</p> <p>Turkey A La King Biscuit Beets Caramel Apple Dessert  ALT Breaded Fish Fillet Sweet Potato Puffs</p>	<p>22</p> <p>Ritzy Chicken Divan Casserole Onion Roasted Potatoes Tossed Greens w/ Dressing Marble Cherry Pie Cake  ALT Swiss Steak w/ Tomatoes Buttered Noodles</p>	<p>23</p> <p>Open Face Hot Pork Sandwich Mashed Potatoes Brussel Sprouts Sweet Potato Crisp  ALT Fried Chicken</p>	<p>24</p> <p><b>Thanksgiving Day</b> Roasted Turkey Or Ham Stuffing Mashed Potatoes Green Bean Casserole Sweet Potatoes Dinner Roll Pumpkin or Pecan Pie</p>	<p>25</p> <p>Catch of the Day O'Brien Potatoes Green Bean Casserole Bread Basket Ice Cream Sundae  ALT Chili w/ Crackers</p>	<p>26</p> <p>BBQ Ribs Baked Beans Creamy Coleslaw Cornbread Biscuit Pudding Parfait  ALT Cook's Choice</p>
<p>27</p> <p>Chicken Kiev Dijon Scalloped Potatoes Vegetable Blend Dinner Roll Pie ALT Beef Minute Steak Garlic Parmesan Mashed Potatoes</p>	<p>28</p> <p>Spaghetti w/ Meat Sauce Tossed Greens w/ Dressing Garlic Toast Butterfinger Dessert  ALT Creamed Chicken Mashed Potatoes</p>	<p>29</p> <p>Molasses Glazed Pork Loin Sweet Potato Puff Casserole Green Beans Cranberry Fluff ALT Herb baked Fish Garden Wild Rice</p>	<p>30</p> <p>Brisket Sandwich Macaroni &amp; Cheese Creamy Coleslaw Carrot Cake Bar  ALT Chef Salad Dinner Roll</p>			



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## Solon Retirement Village Supper Menu

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<p><i>Choice of Beverages including:</i>            -Coffee, Tea, Milk, Fruit Juice            -Bread and Butter            -Menu Alternatives            Always Available</p> <p><i>For more available options, please ask to see our Ala Carte menu!            Enjoy!</i></p>		<p>1            Smashburger Sliders            Potato Wedges            Mixed Vegetables            Pears</p> <p>ALT            Creamy Tomato Soup            Grilled Cheese Sandwich</p>	<p>2            Loaded Hot Turkey Sandwich            Fried Potatoes            Beets            Mixed Fruit</p> <p>ALT            Meatballs with Sauce            Buttered Noodles</p>	<p>3            Homemade Chili            Cheese/Onion Cups            Crackers            Cinnamon Roll            Tossed Greens w/ Dressing            Pineapple            ALT            Scalloped Potatoes &amp; Ham            Broccoli</p>	<p>4            Cuban Pizza            Creamy Coleslaw            Rice Krispie Square</p> <p>ALT            Cheese Quesadilla            Sour Cream/Salsa Cups            Shredded Lettuce/Tomatoes            Refried Beans</p>	<p>5            Soup of the Day            Crackers            Cold Cut Sandwich            Lettuce/Tomato Garnish            Potato Chips            Mandarin Oranges            ALT            Italian Goulash            Mixed Vegetables</p>
<p>6            Tex Mex Sloppy Joe            Tossed Salad w/ Southwest            Ranch            Peaches            Sherbet</p> <p>ALT            Sausage Potato Gratin            Mixed Vegetables</p>	<p>7            Creamy Wild Rice Soup            Egg Salad on Croissant            Lettuce/Tomato Garnish            Pears</p> <p>ALT            Tater Tot Casserole            Beets</p>	<p>8            Chicken Tenders            Mashed Potatoes/Gravy            Buttered Peas            Bread Basket            Berry Cup</p> <p>ALT            Soup of the Day            Cold Cut Sandwich            Lettuce/Tomato Garnish</p>	<p>9            Turkey &amp; Dumplings            Tossed Greens w/ Dressing            Bread Basket            Apricots</p> <p>ALT            Cream of Tomato Soup            Grilled Cheese Sandwich</p>	<p>10            Ham &amp; Bean Soup            Cottage Cheese w/ Fruit            Cornbread Biscuit            Marinated Cucumbers            Cookie</p> <p>ALT            Maidrite on a Bun            Potato Salad</p>	<p>11            Pizza Burger            Tater Tots            Corn            Mixed Fruit</p> <p>ALT            Vegetable Soup            PB&amp;J Sandwich</p>	<p>12            Chicken Fajita Pasta Salad            Tortilla Chips            Queso            Mandarin Oranges</p> <p>ALT            Soup of the Day            Deli Sandwich            Lettuce/Tomato Garnish</p>
<p>13            Lasagna            Italian Vegetables            Garlic Toast            Peaches</p> <p>ALT            Soup of the Day            Deli Sandwich            Lettuce/Tomato</p>	<p>14            Cheesy Vegetable Soup            Deli Croissant            Lettuce/Tomato Garnish            Potato Chips            Fruit Mix</p> <p>ALT            Shepard's Pie            Beets</p>	<p>15            Autumn Chicken Sandwich            Sweet Potato Puffs            Pea Salad            Rosy Applesauce</p> <p>ALT            Fish Sandwich            Potato Wedges</p>	<p>16            Pineapple BBQ Meatballs            Au Gratin Potatoes            Broccoli Florets            Bread Basket            Pears</p> <p>ALT            Sloppy Joe on a Bun            Baked Beans</p>	<p>17            Philly Steak Pizza            Tossed Greens w/ Dressing            Banana Berry Cup            Sherbet</p> <p>ALT            Italian Goulash            Green Beans</p>	<p>18            Shredded Pork Tacos            Shredded Lettuce/Tomatoes            Mexican Tater Tots            Refried Beans            Mandarin Oranges            ALT            Cream of Tomato Soup            Grilled Cheese Sandwiches</p>	<p>19            Chili            Crackers            Hot Dog on a Bun            Tossed Greens w/ Dressing            Apricots</p> <p>ALT            Dijon Ham/Swiss            Croissant            Potato Chips</p>
<p>20            Beef Taco Casserole            Sour Cream Cups            Spanish Rice            Fruit</p> <p>ALT            Chicken Noodle Soup            1/2 Deli Sandwich            Lettuce/Tomato Garnish</p>	<p>21            Chicken Drumstick            Loaded Mashed Potatoes            Roasted Cauliflower            Bread Basket            Fruit Cup</p> <p>ALT            Ham &amp; Bean Soup            Cornbread</p>	<p>22            Cream of Tomato Soup            Crackers            Grilled Cheese Sandwich            Marinated Cucumbers            Peaches</p> <p>ALT            Pulled Pork on a Bun            Potato Wedges</p>	<p>23            Thai Beef and Noodles            Vegetable Blend            Bread Basket            Pears</p> <p>ALT            Chicken Tenders            Dipping Sauces            French Fries</p>	<p>24            Vegetable Beef Soup            Crackers            Harvest salad w/ Apple Cider            Vinaigrette            Apricots</p> <p>ALT            Hot Dog on a Bun            Potato Salad</p>	<p>25            Chicken &amp; Wild Rice            Casserole            Carrots            Bread Basket            Pineapple</p> <p>ALT            Vegetable Soup            PB&amp;J Sandwich</p>	<p>26            Hamburger on a Bun            Special Sauce            Burger Garnish            Potato Wedges            Fruit            Cookie            ALT            Fried Chicken Salad            Dinner Roll</p>
<p>27            Old Fashioned Tuna &amp; Noodles            Hot Spiced Beets            Bread Basket            Fruit Cup</p> <p>ALT            Loaded Baked Potato            Sour Cream Cups</p>	<p>28            Smoked Sausage Sandwich            Fried Potatoes            Carrots            Cinnamon Baked Apples</p> <p>ALT            Pizza            Tossed Greens w/ Dressing</p>	<p>29            Stuffed Pepper Soup            Cheesy Garlic Bread            Tossed Greens w/ Dressing            Peaches</p> <p>ALT            Turkey Noodle Casserole            Seasonal Vegetables</p>	<p>30            Salisbury Meatballs            Mashed Potatoes            Mixed Vegetables            Bread Basket            Pears</p> <p>ALT            Soup of the Day            Deli Sandwich            Lettuce/Tomato Garnish</p>			