



October 2025

Solon Retirement Village Lunch Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Choice of Beverages including:</i> <i>-Coffee, Tea, Milk, Fruit Juice</i> <i>-Bread and Butter</i> <i>-Menu Alternatives</i> <i>Always Available</i> <i>For more available options, please ask to see our Ala Carte menu!</i>			1 Apple Cider Pork Chop Caramel Butternut Squash Mixed Vegetables Bread Basket Strawberry Marshmallow Dessert ALT Spaghetti/Meat Sauce Vegetable Blend	2 Sour Cream Chicken Enchilada Southwest Tossed Salad w/ Dressing Chocolate Gooley Cake ALT Hamburger on a Bun Fried Potatoes	3 Catch of the Day Macaroni & Cheese Riviera Vegetables Banana Poke Cake ALT BBQ Chicken Baked Beans	4 Herb Baked Fish Roasted Potato Medley Buttered Peas Mini Éclair ALT Homemade Salisbury Steak Parslied Noodles
5 Fried Chicken Mashed Potatoes Colonel's Gravy Mixed Vegetables Dinner Roll/Marg Pie ALT Country Fried Steak Baked Potato/Marg	6 Maple Glazed Meatloaf Roasted Sweet Potatoes w/ Bacon Brussel Sprouts Bread Basket Pineapple Trifle ALT Swedish Meatballs Vegetables Blend	7 Creamy Paprika Pork Chop Mini Baker Potatoes Broccoli Iced Oatmeal Cookie Bar ALT Baked Chicken Breast Mashed Potatoes Gravy	8 Apricot Chicken Buttered Noodles Parslied Cauliflower Bread Basket Cinnamon Roll Cherry Cobbler ALT Spaghetti Meat Sauce Tossed Salad/ Dressing	9 Brisket Chili Cheddar Cornbread Vegetable Blend Ice Cream ALT Chicken Tenders Baked Yam	10 Tater Crusted Fish O'Brien Potatoes Buttered Peas Vanilla Almond Cake ALT Hamburger Steak w/ Gravy Mashed Potatoes	11 Creamed Chipped Beef Baked Potatoes/Marg Carrots Bread Basket Fruited Gelatin ALT Chef Salad Dinner Roll/Marg
12 Baked Ham Mashed Potatoes Gravy Riviera Vegetables Dinner Roll/Marg Pie ALT Baked Chicken Breast Green Beans	13 Molasses Pork Loin Stuffing w/ Gravy Broccoli & Cauliflower Cranberry Fluff ALT Breaded Baked Fish Baked Sweet Potatoes	14 Scalloped Potatoes & Ham Broccoli Spice Cookie ALT Swiss Steak w/ Tomatoes Buttered Noodles	15 Lasagna Roll Up Tossed Salad w/ Dressing Garlic Toast Pumpkin Earthquake Cake ALT Garlic & Herb Chicken Mashed Potatoes Chicken Gravy	16 Chicken Fried Chicken Mashed Potatoes Cream Gravy Maple Roasted Brussel Sprouts & Squash Strawberry Shortcake ALT Baked Pork Chop Vegetable Blend	17 Hushpuppy Fish Fillet French Fries Coleslaw Cornbread/Marg Brownie ALT Homemade Chili Crackers	18 Chicken Parm Pasta Bake Italian Blend Vegetables Garlic toast Apple Cobbler w/ Butterscotch Sauce ALT Hamburger on a Bun Baked Beans
19 Apple Glazed Ribs & Kraut Whipped Sweet Potatoes Parslied Cauliflower Dinner Roll/Marg Pie ALT BBQ Chicken Macaroni & Cheese	20 Ravioli Tossed Salad w/ Dressing Garlic Toast Loaded Cookie Bar ALT Creamed Chicken Mashed Potatoes	21 BBQ Turkey Meatloaf Macaroni Corn Bake Green Beans w/ Mustard Pumpkin Dessert ALT Herb Baked Fish Rice	22 Pepper Steak Mashed Potatoes Gravy Buttered Peas Bread Basket Apple Peanut Butter Cake ALT Baked Chicken Breast	23 Chicken & Rice Alfredo Vegetable Blend Bread Basket Pudding Parfait ALT Hamburger on a Bun Roasted Potato Medley	24 Seafood Au Gratin Baked Potato/Marg Parmesan Roasted Broccoli Bread Basket Blueberry Cheesecake ALT Salisbury Steak Parsley Noodles	25 Crispy Chicken Sandwich Special Sauce French Fries Coleslaw Ice Cream Sandwich ALT Baked Pork Chop Baked Potato/Marg
26 Country Fried Steak Mashed Potatoes Country Gravy Brussel Sprouts w/ Craisins Dinner Roll Pumpkin Pie/Topping ALT Herb Baked Chicken Buttered Peas	27 Baked Pork Chop Sweet Potato Casserole Broccoli Almondine Bread Basket Cookies & Cream Cake ALT Fish & Chips	28 Chicken Parmesan Pasta Bake Italian Blend Vegetables Garlic Toast Toffee Dessert ALT Swiss Steak w/ Tomatoes Baked Potato/Marg	29 Philly Cheesesteak Bake Buttered Peas Ice Cream ALT Chicken Fried Chicken Mashed Potatoes Chicken Gravy	30 Oven Roasted Turkey Stuffing Green Bean Casserole Fruits of Forest Crisp ALT Breaded Fish Fillet Baked Yam	31 Salmon Patty Creamed Peas & Potatoes Bread Basket Cherry Cheesecake Fluff ALT Hamburger on a Bun Lettuce/Tomato/Onion/ Pickle Tater Tots	