



September 2026

Solon Retirement Village Lunch Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Choice of Beverages including:</i> <i>-Coffee, Tea, Milk, Fruit Juice</i> <i>-Bread and Butter</i> <i>-Menu Alternatives</i> <i>Always Available</i> <i>For more available options, please ask to see our Ala Carte menu!</i> <i>Enjoy!</i>		1 Honey Baked Ham Dijon Scalloped Potatoes Cascade Vegetable Blend Banana Cream Pie ALT Chicken Tenders Vegetable Blend	2 Open Faced Hot Beef Sandwich Mashed Potatoes Buttered Peas Cherry Bar ALT Catch of the Day Rice	3 Herb Roasted Pork Cornbread Stuffing Parslied Cauliflower Seasonal Fresh Fruit ALT BBQ Chicken Baked Potato/Marg	4 Breaded Fish Sandwich French Fries Apple Cider Slaw Lemon Fluff ALT Taco Salad Salsa/Sour Cream	5 Ranch Chicken Baked Yam Seasonal Vegetable Bread/Marg Strawberry Angel Cake ALT Italian Beef on Bun Tater Tots
6 Open Meatloaf Sandwich Mashed Potatoes Country Trio Vegetables Pie ALT BBQ Ribs Baked Sweet Potato	7 Happy Labor Day Bratwurst on a Bun Or Grilled Chicken Sandwich Baked Beans Potato Salad Ice Cream Sandwich	8 Beef Cube Pepper Steak Mashed Potatoes Carrots Fresh Fruit ALT Baked Ham Macaroni & Cheese	9 Pork Chop Supreme Baked Potato Baked Beans Homestyle Peach Cobbler ALT Italian Pasta Bake Green Beans	10 Fried Chicken Sweet Potato Puff Casserole Cascade Blend Vegetables Bread Basket Tapioca Strawberry Dessert ALT Beef & Noodles Tomato Slices	11 Shrimp Scampi Parmesan Orzo Pasta Lemon Broccoli Breadstick Fresh Fruit ALT BLT Sandwich Deville Egg Salad	12 Roast Turkey Cornbread Stuffing Carrots Bread Basket Cherry Gelatin Dessert ALT Beef Fajita Salad
13 Roast Beef Mashed Potatoes Beef Gravy Loaded Cauliflower Casserole Dinner Roll Pie ALT Grilled Chicken Breast Asparagus	14 Baked Caesar Chicken Buttered Noodles Carrots Bread Basket Chocolate PB Cake Roll ALT Pork Tenderloin on Bun Tater Tots	15 Lemon Garlic Pork Loin Pasta Alfredo Broccoli Garlic Toast Blueberry Dessert ALT Breaded Fish Fillet Fried Potatoes	16 Salisbury Steak Parslied Potatoes Orange Glazed Carrots Bread Basket Classic Strawberry Shortcake ALT Root Beer BBQ Pork on Bun Scalloped Corn	17 Chicken Fajita Mexican Rice Seasonal Fresh Fruit Sherbet ALT Shepard's Pie Green Beans	18 Catch of the Day Baked Potato Marg & Sour Cream Seasonal Vegetable Bread Basket Banana Split Dessert ALT Hamburger Steak w/ Gravy Mashed Potatoes	19 Country Fried Steak Mashed Potatoes Cream Gravy Corn Bread Basket Chef's Choice Dessert ALT Cook's Choice
20 Stuffed Chicken Breast Creamy Potato Gratin Cascade Vegetables Dinner Roll/Marg Pie ALT Swiss Steak w/ Tomatoes Buttered Rice	21 Baked Spaghetti Pie Zucchini Parmesan Garlic Toast Seasonal Fresh Fruit ALT Breaded Fish Fillet Cheesy Mashed Potatoes	22 Glazed Pork Loin Baked Yam Cauliflower w/ Cheese Bread Basket Twisted Strawberry Shortcake ALT Goulash Asparagus	23 Roast Beef Mashed Potatoes Beef Gravy Roasted Carrots Bread Basket Cherry Pie ALT Baked Chicken	24 Baked Swiss Chicken Garden Wild Rice Country Trio Vegetables Ambrosia Cake ALT Hamburger Steak w/ Gravy Mashed Potatoes	25 Honey Butter Biscuit Pollack Macaroni & Cheese Broccoli Bread Basket Fresh Fruit ALT Baked Ham Parslied Potatoes	26 California Hamburger on Bun Potato Salad Baked Beans Ice Cream Sundae ALT Cottage Cheese Fruit Plate Crackers
27 Sweet & Smokey Ribs Corn Casserole Coleslaw Dinner Roll Pie ALT Chicken Stir Fry w/ Vegetables Rice	28 Country Fried Steak Mashed Potatoes Cream Gravy Honey Buttered Carrots Bread Basket Fresh Fruit ALT Baked Chicken	29 Summer Citrus Chicken Seasoned Orzo Mandarin Spinach Salad Lemon Lime Cake ALT Pepper Steak Mashed Potatoes	30 Baked Reuben Casserole Green Beans Blueberry Crisp ALT Smothered Pork Chop Baked Potato/Marg			